DDS17 SCORING SHEET

INSTRUCTIONS FOR SCORING:

The DDS17 yields a total diabetes distress scale score plus 4 sub scale scores, each addressing a different kind of distress. To score, simply sum the patient's responses to the appropriate items and divide by the number of items in that scale. The letter in the far right margin corresponds to that item's subscale as listed below. We consider a mean item score of 3 or higher (moderate distress) as a level of distress worthy of clinical attention. Place a check on the line to the far right if the mean item score is ≥ 3 to highlight an above-range value.

We also suggest reviewing the patient's responses across all items, regardless of mean item scores. It may be helpful to inquire further or to begin a conversation about any single item scored 3 or higher.

Total DDS Score:			
	a. Sum of 17 item scores.	seggiornale risches all authorites conferenți e conseptingi conseptingi conseptina esti a conferenci e con desti con	is interested
	b. Divide by:	17	MCCOMM
	c. Mean item score:		> 3
A. Emotional Burd	en:		
	a. Sum of 5 items (1, 3, 8, 11, 14)		de-j-quellet
	b. Divide by:	Specially principle principles or the large of the large principles and the large principles are a final principles or the large principles are a final principles and the large principles are a final principles and the large principles are a final principles are	
	c. Mean item score:		23 years
B. Physician-relate	d Distress:		
•	a. Sum of 4 items (2, 4, 9, 15)		grant projects
	b. Divide by:	America real activity and activity and interest and interest and activity activity and activity and activity activity and activity and activity activity and activity activity activity activity and activity	nor 190, mm
	c. Mean item score:		> 3
C. Regimen-related	d Distress:		
Ser. 1	a. Sum of 5 items (5, 6, 10, 12, 16)		Augustus for
	b. Divide by:	Secretary and the secretary and the secretary was considered the secretary and the s	and the second
	c. Mean item score:		≥ 3
D. Interpersonal D	istress:		
	a. Sum of 3 items (7, 13, 17)		
	b. Divide by:	and the state of the contract the contract to	Alberta de
	c. Mean item score:		≥ 3

	Not a Problem	A Slight Problem	A Moderate Problem	Somewhat Serious Problem	A Serious Problem	A Very Serious Problem
9. Feeling that my doctor doesn't take my concerns seriously enough.	1	2	3	4	5	6
10. Not feeling confident in my day-to-day ability to manage diabetes.	Time.	2	3	4	5	6
11. Feeling that I will end up with serious long-term complications, no matter what I do.	1	2	3	4	5	6
12. Feeling that I am not sticking closely enough to a good meal plan.	1	2	3	4	5	6
13. Feeling that friends or family don't appreciate how difficult living with diabetes can be.	1	2	3	4	5	6
14. Feeling overwhelmed by the demands of living with diabetes.	1	2	3	4	5	6
15. Feeling that I don't have a doctor who I can see regularly enough about my diabetes.	l	2	3	4	5	6
16. Not feeling motivated to keep up my diabetes self management.	l	2	3	4	5	6
17. Feeling that friends or family don't give me the emotional support that I would like.		2	3	4	5	6